



SQAY FEDERATION OF INDIA

"Traditional Martial Art"



Recognized By: Ministry of Youth Affairs & Sports Govt. of India
Affiliated to: SQAY Organization of Asia (SOA) | International Council of SQAY (ICS)

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Ref No. **30-35 /SFI /22**

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New Amended Weight Categories as per ICS for Senior Federation Cup / All India /National Interstate Sqay Championships (Men /Women):-

| S.NO | MEN | WOMEN |
|------|------------------------|------------------------|
| 1 | Below 50 Kgs | Below 46 Kgs |
| 2 | Below 54 Kgs | Below 50 Kgs |
| 3 | Below 58 Kgs | Below 54 Kgs |
| 4 | Below 62 Kgs | Below 58 Kgs |
| 5 | Below 66 Kgs | Below 62 Kgs |
| 6 | Below 70 Kgs | Below 66 Kgs |
| 7 | Below 74 Kgs | Below 70 Kgs |
| 8 | Below 78 Kgs | Below 74 Kgs |
| 9 | Below 82 Kgs | Below 78 Kgs |
| 10 | Below 86 Kgs | Below 82 Kgs |
| 11 | Open Weight | Open Weight |
| 12 | Khawankay 1 | Khawankay 1 |
| 13 | Khawankay 2 | Khawankay 2 |
| 14 | Khawankay 3 | Khawankay 3 |
| 15 | Khawankay 4 | Khawankay 4 |
| 16 | Khawankay 5 | Khawankay 5 |
| 17 | Aero SQAY Individual | Aero SQAY Individual |
| 18 | Black Belt Open Weight | Black Belt Open Weight |

Copy to:

1. Joint Secretary MYAS, GOI.
2. Director General Sports Authority of India.
3. Executive Director (Teams) SAI .
4. Secretary Indian Olympic Association.
5. Under Secretary, MYAS,GOI.



Arshid Ahmad Bhat
Secretary General

SECRETARY GENERAL
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